

Whole Range Major Scales

Vary your Articulations Styles and Dynamic Designs, on page 3.

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See 25 Things to do with your Scales!

Breathe musically, in tempo



Air! Beauty and Consistency of sound!

Try Add a Note up here at the top.



Each scale has it's unique look, sound and feel.



Feel the **lightness and sensitivity** of the interval in your **fingers** and your **ear**.



Use a Breathing Idea.

Yes, high **C#**! later you can go to **D** too :-).



Experiment with **color**.

What if this key of A is a **beautiful blue ocean of color**.

See Color Chart.



Be Involved to Evolve!

Use your Metronome - See Metronome Motivation!



Make a **tasteful taper**.

How is the **balance** of your **body**, **flute** and **pinky finger**?



Active Air & Abs.

Whole Range Major Scales



Really get to know this amazing key... remember **E's are natural!**

and **A#'s**



How is your **Intonation**? Use your **tuner sounding on tonic of key** or the Tuning CD.



Try this scale using your **Single, Double, Tripple Daily Exercises**.



Open your **Circle of Observation!**



Are you listening in detail to how **even, fluid and smooth** are each interval of your scales?



Once a week or as needed, just work on the **top 5 notes** of each scale.



Sing, spin, sparkle, shimmer, shine.



What **style** are you creating for this key?

Ribs- Ring- Resonance!

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How is your body? Is your neck free (alexander directions) and your whole body balanced and resonating?



How is your Intonation? Use your tuner sounding on tonic of key or the Tuning CD.



Think of this key in C# as well. How is this different?

Sing and Play - Create vocal fold awareness.



More Ideas for Practicing your Scales:

All Scales can be, want to be, and are **Music!**

How would your scales sound if you thought of each one as **a piece of music?**

Do this by playing each scale or set of scales in these different **Musical Styles** and by **Molding the articulations, Shaping the dynamics... Playing the Music!**

1. Baroque - Bach:

Articulations: 3 slurred + 1 tongued or 1 tongued + 3 slurred.

Dynamic: play **Forte (F)** one bar and **piano (p)** the next (light and shadow), and the reverse.

2. Classical - Mozart:

Articulations: 2 slurred + 2 tongued or 2 slurred+ 6 tongued.

Dynamic: play **mf < f > mf** per measure or two measures and the reverse too **f > mf < f**.

3. Romantic - Brahms:

Articulations: 4 slurred or 2 slurred.

Dynamic: crescendo **p < F** - per measure and **second measure** diminuendo **F > p**.

4. French - Debussy:

Articulations: All slurred. Shimmer with color.

Dynamic: play **pp < mp > pp** per bar or two bars and the reverse too **mp > pp < mp**.

5. Contemporary - Stravinsky - Clarke :

Articulations: All tongued, experiment with staccato and also **breath articulations** = xxxxxx .

Dynamic: play 4 measures at a time **mf < FF** and **FF > mf**.

Also Use 25 Creative Practice Recipes For Scales.