

Beautiful Notes

1. Use your whole body as a resonating instrument.
 2. How you listen, how you feel, what you imagine, how you shape sounds, creates beauty.
 3. Every note, every sound has a shape, with a beginning - middle - ending.
 4. Vary how you practice and beautify your tone. Sing & play, vowels & vibrato, flutter...
- Sculpt Your Sounds

I walk in Beauty,
Beauty above me,
Beauty below me,
Beauty all around me...
~Navajo Blessing

Flute

mf *p* *f* *p*

How beautiful, singing, liquid, rich, flowing, colorful, dynamic, supple, sensitive, pure, authentic... is each note and phrase?

Is your breathing a part of the beauty you are creating?

Are you at ease & energized?

mf *p*

How consistently beautiful is each note?

How beautiful is the start of each note?

Is your intonation creating beauty?

Are you using vibrato in an expressive way?

f *p*

Are you trying some vowel shapes to beautifully color your tone?

How are your dynamics creating beauty, shape and line?

How beautiful are your releases?

mf *p* *f* *p*

Are you aligned & centered?

What kind of beauty do you want to create in your top register?

What is beautiful to you?

Beauty emerges when the artist is absolutely faithful to the uniqueness of her own voice ~ O'Donohue