

Music Goals - Dream Book

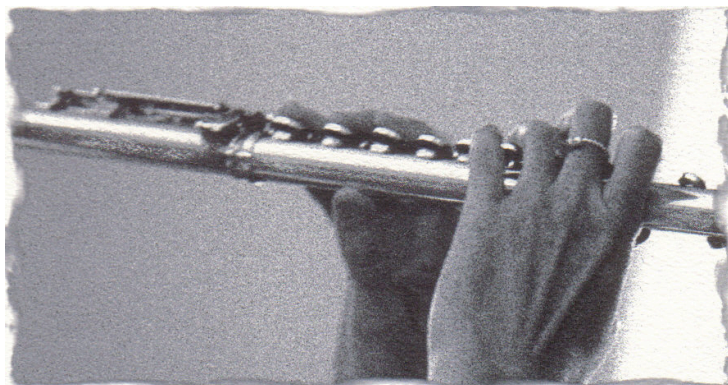
What are your dreams and goals?
Why are they important to you?

What you need to begin your Book?

A three ring binder
Paper - all kinds to go in your book.
Tabs for each section.
Monthly calendar pages.
Pens, stickers, scissors, art supplies...
Photographs, magazine articles, newspaper articles...
Any info for festivals, competitions, flutes you want...
Information from the web, wish list stuff.

**Imagination, Dream Time and Inspiration
to put it together.**

And anything else that inspires you for your Book.



Ideas for creating your
music goals - dream
book

- Create your book so it speaks to and of you.
- Make it fun so that you stay interested in creating your Book.



- Be as specific and detailed as possible.
- Get the information applications, numbers, and dates.
- Keep track of your daily progress in your practice/music journal.
- Write everything in your Calendar!
- Then you will know when to apply for things.
- What you need TODAY, this WEEK MONTH and YEAR.
- Know your Time lines.

-the creative flutist.

CREATING A CALENDAR

Make a Blank Calendar for each month of the year.

Keep this in the front of your binder.

Mark in all your dates for:

Personal Goals

Lessons

Concerts

Competitions

Artistic Activities

This will help you to stay organized and see what you have going on in your musical life.

CREATING A PRACTICE JOURNAL

Make up your own daily or weekly template sheet.

Make up a title for your journal page.

Example:

Practice & Listening Journal

Things to include in your practice journals:

Date & Time

Breathing - Body Awareness **Singing**, Rhythm

Tone Studies

Technical Studies

Repertoire, Solos, Ensembles

Improvisation, Jazz, Pop, Compositions

Thoughts – ideas, dreams, words, drawings, photos, articles....

Listening Journal - Music you are playing and music you have not heard before.

Goal Check – How are you doing with your goals in each of the areas you are focusing on?

The Big Picture, overall how are you doing daily, weekly, monthly, yearly? What is the focus of your practice? What ideas are you working on applying to your practice, to your musical life?



PERSONAL PLAYING

WHAT DO YOU WANT TO FOCUS ON AND IMPROVE?

What do you want to create in your music making, flute playing?

What do you dream of for yourself as a Flutist, Musician ?

Here are some ideas

for your Artistic & Personal Playing Goals:

Tone Development

Technical Development

Interpretation

Breathing

Body Awareness and Comfort (hands, neck, embouchure....)

Stage Presence - Performing

Entering Competitions

Auditioning at your highest level

Developing your Self Confidence

Ensemble Playing, doing it, getting more comfortable at it

Rhythmic Integrity and Fluidity.

Site Reading

Teaching

Sharing your musical gifts with others

Creating your own music, composing

Improvisation/ Jazz

Listening to more music and musicians



Spend some time
thinking about your
personal goals.

Write down whatever
comes to you.

Create your list and
then prioritize with
numbers what to start
with first.

PERSONAL GOALS?



REPERTOIRE

Write down your repertoire, the music you have played , performed and worked on in the following categories.

Then make a list of all the pieces you would like to learn

SO YOU HAVE TWO LISTS.

ONE LIST OF MUSIC YOU HAVE WORKED ON
ANOTHER THAT YOU WANT TO PLAY.

REPERTOIRE CATEGORIES

Solo

With piano

Concerti

Unaccompanied Solos

Contemporary Music

Etudes/ Studies

For Tone - equality of sound, flexibility, dynamics, colors, phrasing...

For Technique- scales, arpeggios, patterns...

For Articulation, single, double, triple tonguing, various patterns...

Chamber

Duets

Trios

Quartets

Flute Choir

Quintet

Mixed Ensembles

Orchestral Excerpts and Parts

Jazz/ Improvisational/ Pop

Contemporary Music

AUDITIONS & COMPETITIONS

Make up your resume.

Keep it updated.

Find the competitions and auditions and put them in your book.

Find the:

Websites

Applications

Flyers

College,

University,

Conservatory

Solo and Ensemble

Region/State Band

and Orchestra

Flute Associations/ Clubs

Concerto

Chamber Music

Art/ Music Awards

Scholarships

MASTER CLASSES

Summer Classes

Workshops

Camps

Find these and put them in your Book.

Find the:

Websites

Applications

Flyers

In your City

In your State

Out of State

Out of Country

CONCERTS TO GO TO

Make a list of the Concerts you want to go to.

Find the local Arts Associations and

Look up the various Concert Seasons for _____.

Find out when your friends recitals and concerts are.

Look on bulletin boards

Ask your teacher and Band Orchestra teachers for recommendations of concerts.

CONCERTS TO GIVE

Find out when your Band and Orchestra Concerts are for the year.

Find out when your Recitals will be for school, private lessons, etc.

Mark these in your Calendar.

Figure out the time lines for Your Concerts/ Recitals.

How long will it take to learn the music?

Where is the Concert?

Keep your programs of concerts you have gone to and given.

How many rehearsals do you need to Schedule?

With:

Your Private Teacher

Pianist

Chamber Music Coach

Ensemble Members

Where are you rehearsing?

In the Concert/ Recital Hall/ School etc.

Are you recording it?

What do you need to do to have it recorded?

Figure out these schedules, mark it in your calendar.

IDEAS AND PLACES FOR SHARING YOUR MUSIC

Schools

Day Care Centers

Libraries

Assisted Care/ Nursing Homes

Hospitals

Coffee Houses

Churches

Private Homes

Concert Halls

Other Organizations

Get the names, emails, websites and numbers

Make up a template to keep track of these things.

Place, name and street address, directions. **Contact Information** person, phone and email

Date of performance

Who is performing? Group name, emails and phone numbers

Program

For yourself, the ensemble. Are you speaking the program or do you need to **make copies** of the program or give it to the contact person to make copies?

Program and program notes

By what date?

Keep these in your Book.

INSPIRATION

Find out what inspires you.

Put reminders in your book.

What inspired you today?

A person

A feeling

A piece of art

A piece of music

A teacher

Are you in need of finding inspiration?

Where can you find it?

Look in your Book to help you remember?

Find new ways to inspire yourself.

Ask a friend, family, teacher, mentor for guidance.

Is it?

Sound

Music, live performances, nature sounds, a voice, a poem being recited...

Image

A painting, sculpture, photo, mountain, architecture, a beautiful color...

Kinesthetic

Writing something out, the feel of silk, water, sand, a hug...

Visual

Image of beauty for you, the image of someone achieving something great.

Fragrance

Do you appreciate your sense of smell? Roses, perfumes, delicious food...

Dreams

Do you have dreams you remember that inspire you?

Or dreams for your own life that you want to have happen in your waking life?

People

That you admire, that you want to be like some part of them, that you see, hear, and like something about them?

A Book

Something you read, or a poem, or lyrics from a song...

Enjoy expressing yourself in your journal.

Cut out images, photos, make a drawing, get a CD of these things to put in your book.

WISH LIST

What are the things you would like to have to help your musical, creative, artistic life?

Cut out some images from a catalogue, the web, etc. of what you would like and put them in your book. *Get as specific as possible.*

Here are some ideas of things:

Instruments

Flutes

Piccolos

Alto Flutes

Bass Flutes

Wooden Flutes

New Head Joints

Music

Recordings

Books

Music Computer Programs

Accessories

Master classes

Workshops

Lessons

Concert Clothing

Concerts to go to

Places to visit

and soooo much more....



INFORMATIONAL
INSPIRATIONAL
INTERVIEWS

**Interview a person/ or
group of people who
spark your curiosity.**

Please create your own unique
questions, in your own words
and voice.

**Here are some questions
you may want to ask.**

**Find out about how they are
and have been inspired.**

What did they do when they
needed inspiration?

What got them interested in
what they are doing in the first
place?

What has been most helpful to
them?

What would they like to share
with you about their life's passion?

What did they wish they knew
that they know now?

Are there other people they
would like you to interview?

What do they dream
about, for, of?

**Create a list of
people
organizations
groups
that you would
like to interview.**

Put this in your Book.

**What to do to set up your
Informational Inspirational
Interview?**

Call/ email to set up an
appointment with them.

**If it is something they do,
like play the flute so beautifully,
ask if they would be willing to
do this for you while you are
with them.**

Write down their:

Name

Number

Email

Address

Directions

**Do some research about
them and their work, life,
organization, company...**



**Have some of your specific
question written down.**

Ask if you can:



**record them
draw them
take photographs...**

**Bring what you need for
this to happen.**

**Thank the person
or people
after the interview.**

**Please write them
thank you note.**