

Beautiful Notes

Jennifer Keeney

"Beauty emerges when the artist is absolutely faithful to the uniqueness of her own voice..." ~ O'Donohue

1. Use your **whole body** as a **resonating** instrument.
2. How you **listen** creates beauty.
3. Every note, every sound has a **shape** with a **beginning, middle** and an **ending**.
4. Use your **Tone to do's** to vary how you practice and beautify your tone.

Breathe in tempo

tempo ♩ = 60 or slower

Flute



How **beautiful, luscious, rich, flowing, colorful, dynamic, supple, sensitive, pure, authentic...** is each note?

How **consistently** beautiful is each note at the **beginning, middle** and **end**?



Is your **breathing** a part of the beauty you are creating?

Sing, spin, sparkle, shimmer, shine.

Are you using your **vibrato** in an **expressive** way?



Are you trying some **vowel shapes** to beautifully color your tone?

How are your **dynamics** creating beauty, **shape and line**?



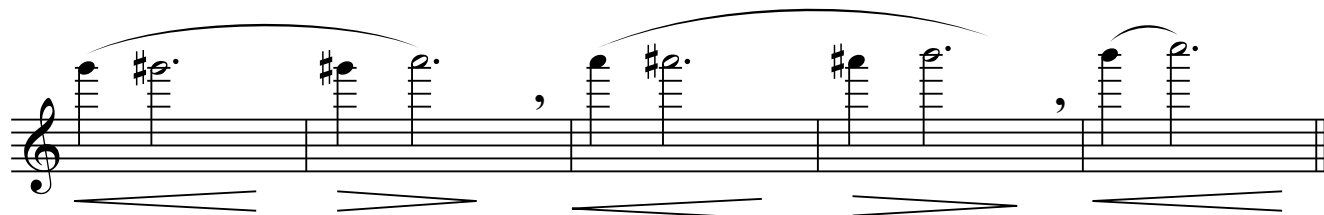
How is your **intonation** creating beauty?

What is **beautiful to you**?

Also, use **Harmonic** Fingerings for top register. See T & T Exercise



How is your **body**? Is your neck **free** (alexander directions) and your whole body **balanced** and **resonating**?



Beauty above, beauty below, beauty all around...

©2011 Creative Practice Ideas