

Octave + 1/2 Step with Harmonics

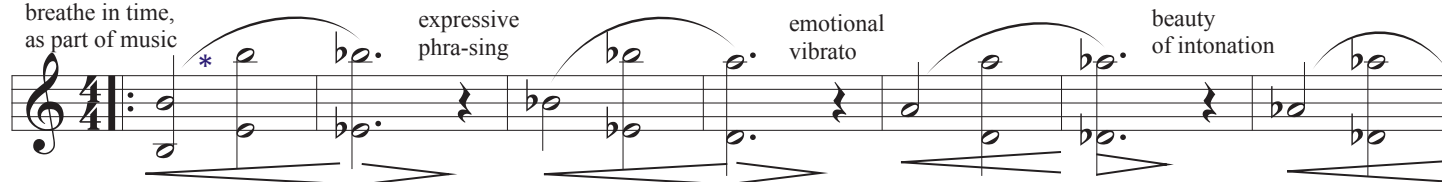
1. **Listen** and **feel** the sound you are creating. 2. **Harmonics** can help with Air- angle, speed, pressure, embouchure flexibility and tone colors.
3. Try different **cues and harmonics** to bring your sound to life. 4. **Include** your whole body, mind, spirit and the space you are playing in.

Learn these by heart so you can listen and and sense more about the kinds of sounds you are creating.

Repeat each section going **backwards**. Below are more **practice cues**. Choose between harmonic fingering and real.

Organize your body & breath

breathe in time,
as part of music



soft, light
shoulders

soft relaxed
tongue

vowels: tah, ah, oh, ah, oo singing sound



spacious
oral cathedral

listen... feel it and
be moved by what
you are playing

counted vibrato
in 5's

spin your sound,
sculpt your phrases

centered,
aligned
& intune?

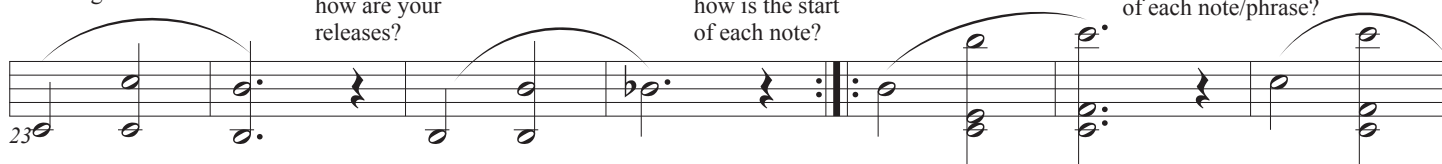


still centered
& aligned?

how are your
releases?

how is the start
of each note?

how is the middle
of each note/phrase?

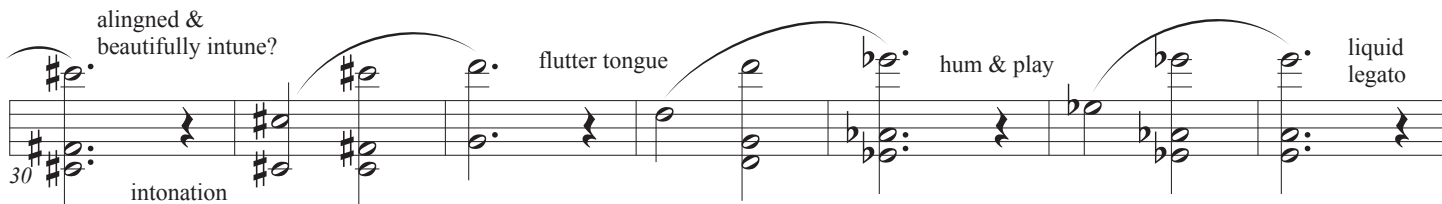


aligned &
beautifully intune?

flutter tongue

hum & play

liquid
legato



intonation
& color

air speed, pressure
and flow

ribs
& resonance

release
& allow



look
in mirror

supple,
flexible lips

release
muscle
tension

open
& singing



spacious
sounds

resonant, ringing
rich sounds

connection to core
energy in
body & sound

play with your
whole body, mind
& spirit !

